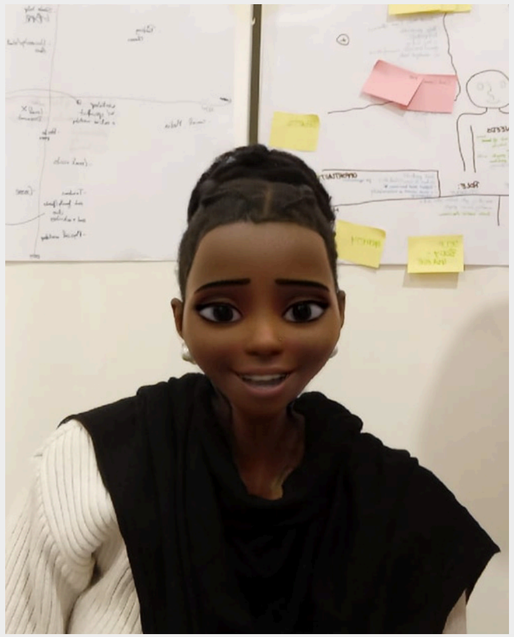
We

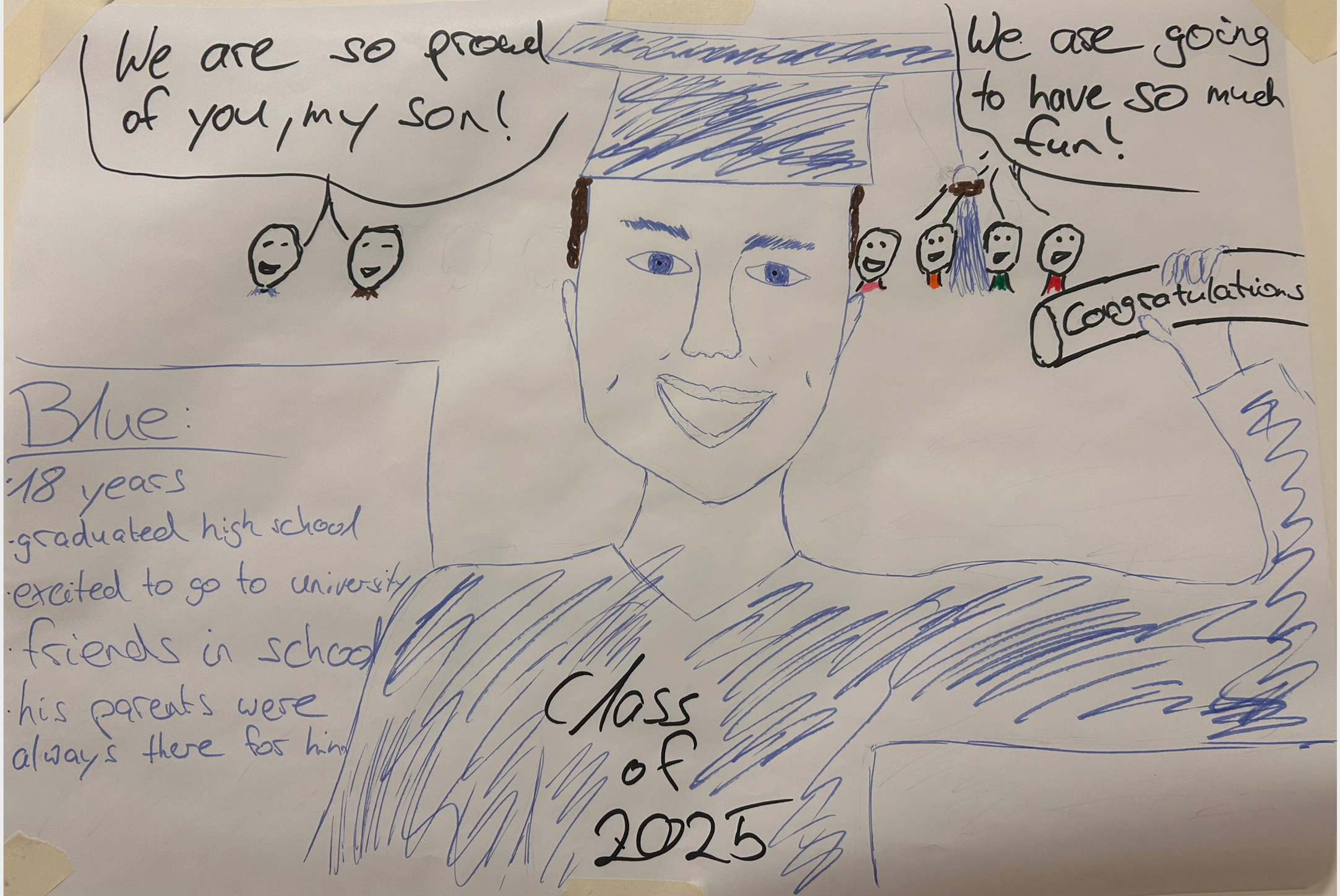
are

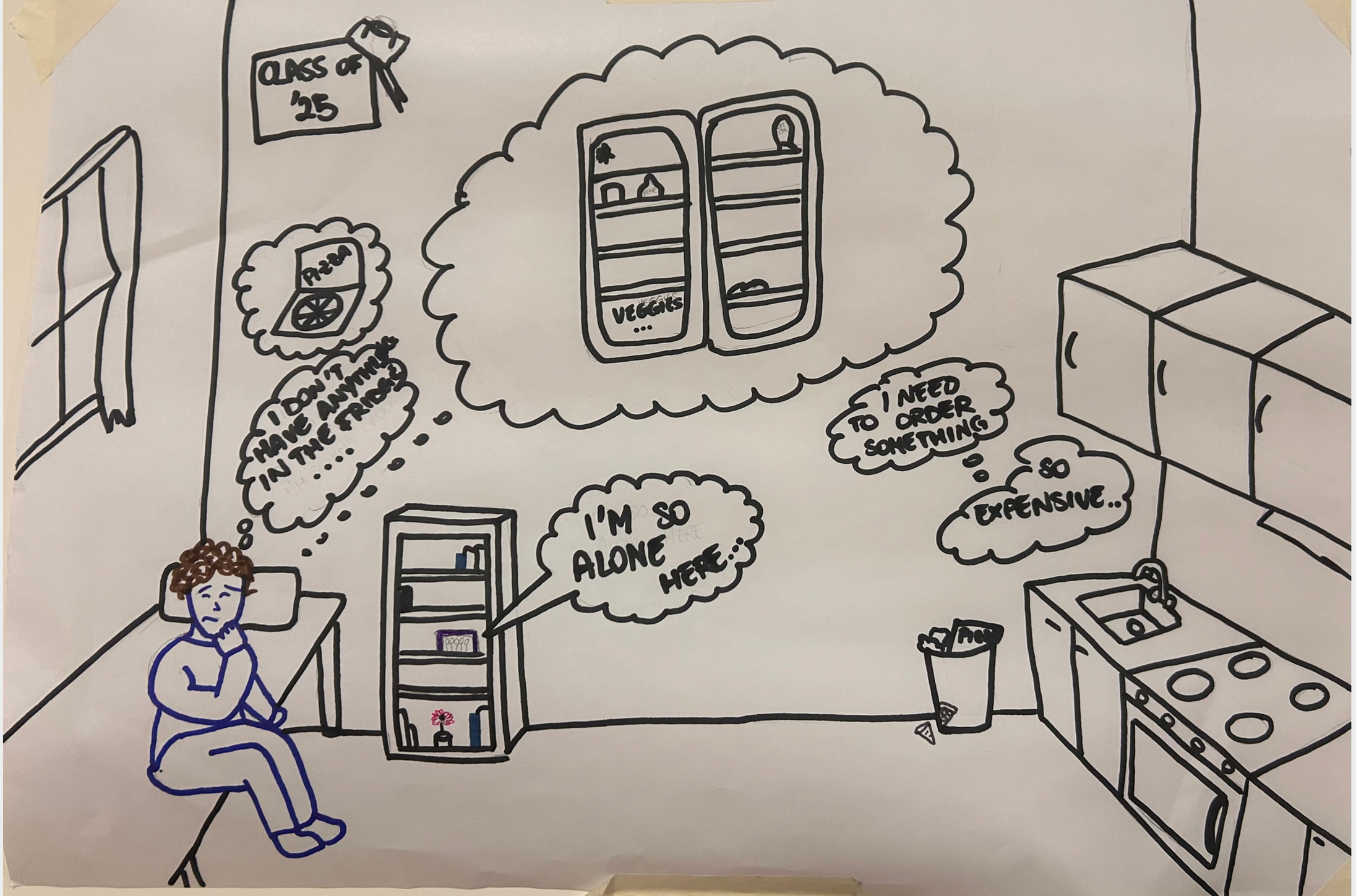


all

Blue

How can we make healthy eating and nutrition more accessible and appealing to young people?


We are so proud of you, my son!
We are going to have so much fun!
Congratulations
Blue:
-18 years
-graduated high school
-excited to go to university
-friends in school
-his parents were always there for him
Class of 2025


CLASS OF '25
PIZZA
I DON'T HAVE ANYTHING IN THE FRIDGE...
VEGGIES...
I'M SO ALONE HERE...
I NEED TO ORDER SOMETHING
SO EXPENSIVE..


Welcome!
Sustainabite/UniEat/
Are you hungry?
Free Food in 10 Minutes!
Hey stu
join us!
greeeee


I SHOULD HAVE TAKEN NOTES ON THE RECIPES...
OMG, YOU DON'T NEED TO ....
THERE IS SUSTAINABITE FOR THAT !!

UniEat, like UniSport, But for Food!

Find our Courses!

Create your own cook book

Bring your home town or family recipe

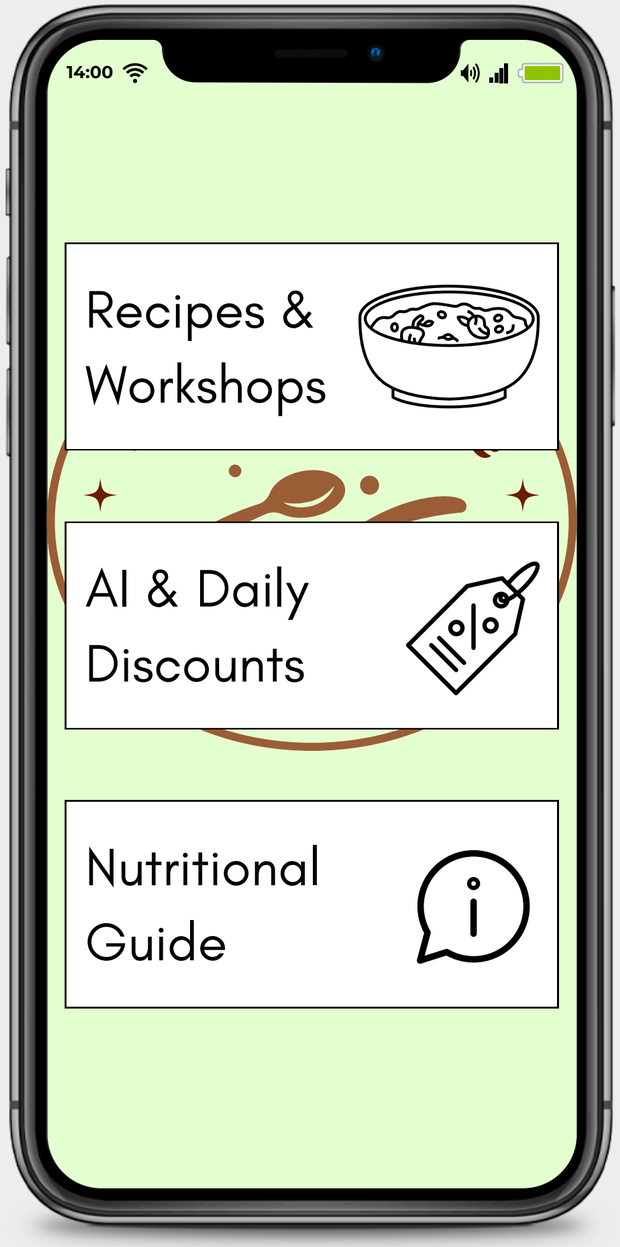
Barbecue & Games

Meal Prep - no cooking for a week

All results are in the App!

SustainaBite


14:00
SustainaBite
EAT WELL, STAY HEALTHY
Login or Register
Name:
Email:
Country:
If you are a student, use your university's credencials
to have discounts


14:00
Recipes &
Workshops
AI & Daily
Discounts
Nutritional
Guide


14:00
Recipes
Simple food
Vegan food
Workshop
How to cook
Planning &
Budget

14:00

Recipes & Workshops

AI & Daily Discounts

Nutritional Guide

14:00

AI

Put here your ingredients and I will tell you a recipe

Message AI...

Daily Discount

Supermarkets

Local Shops

AI and daily discounts

You never know what to cook with the few things you have left in the fridge? Put the ingredients in the AI box and...

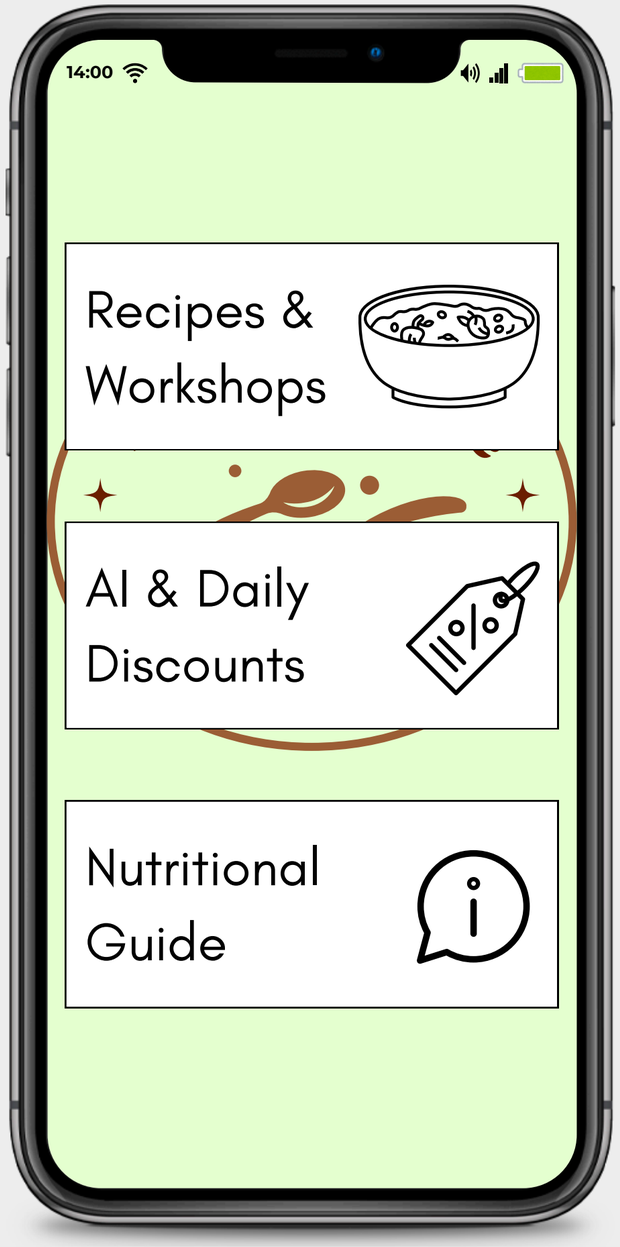
- Use everything in your fridge!
- Create unexpected combinations
- Vary your alimentation
- Save some money on groceries
- Get new ideas!

Daily discounts

Do you really have the time to look at all the supermarket Flyers?

SustainaBite is going to do it for you

All your favourite supermarket’s daily or weekly discounts,
everything in one place!


14:00
Recipes & Workshops
AI & Daily Discounts
Nutritional Guide


14:00
Nutritional Guide
What is nutrition?
Macronutrients
Micronutrients
Calories and Energy
Whole vs Processed Foods
Allergies & Intolerances
Nutrition for Life Stages

Why would you want to join us?

- Moving away could be hard and lead to loneliness - participating in the workshops can help you meet new people
  - Engagement through fun group activities
  - Learning how to meal prep and budgeting
  - Possible mobilities

- **Everything in one place**
  - You only have to download one app
  - Saving recipes offline

Giulia Santuari
Latifah Namata

SDG3b

Margarida Matias
Silas Wiemann